

Kindergarten, Here We Come!



What does Kindergarten transition mean for

The child...

- The child is leaving a group of friends and teachers he/she has grown close to and must form new relationships. They will need to learn new routines and procedures and adapt to new expectations and experiences. For some children, this causes stress. For others, the transition is smooth.

The family...

- For the family, there can be both feelings of pride and sadness. Families may worry that their child will have trouble adjusting. Parents hope their child's teacher will be loving and nurturing while teaching them well.

The teacher...

- For the Kindergarten teacher, it means welcoming a new group of children and families and teaching them all the routines and expectations of Kindergarten. It also means hoping the children are well-prepared socially, emotionally, and academically for Kindergarten.



How can we prepare children for this transition?



Families can:



- If your child attended Alleghany County Schools pre-k program, all documents will be forwarded to the kindergarten teacher. There's no need to register.
 - If your child didn't attend Alleghany County Schools pre-k program, please register for kindergarten by contacting the school they will be attending. Register early; don't wait until the last minute. Have all the appropriate and required documents.
 - Birth Certificate
 - Social Security Card
 - Immunization Record
 - NC Health Assessment Transmittal Form completed by a doctor or Health Department
 - Verification of physical address (ex. electric bill). A cell phone bill or PO Box cannot be accepted)
 - Insurance or Medicaid Card
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At home:

- **READ** books about school and/or Kindergarten.
 - **TALK** about school and what happens in Kindergarten.
 - Establish healthy routines of getting enough sleep and eating nutritious meals.
 - Limit “screen” time to one hour per day of high quality programs or games/apps.
 - Visit the school during Open House.
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What will my child learn in Kindergarten?

Kindergarten is a very important year in a child's education. For some children, it is their first introduction to a school experience. Kindergarten tends to be a bit more formal than preschool, but the focus is still on establishing a strong foundation in reading, writing, math, science, and social studies. Here is a brief sample of what children learn in Kindergarten:

<https://sites.google.com/dpi.nc.gov/k-12-sci/home>

Reading	Writing	Math	Science	Social Studies
<ul style="list-style-type: none">• Features of print (directionality, name upper- and lowercase letters)• Print upper- and lowercase letters• Ask and answer questions about texts• Retell familiar stories	<ul style="list-style-type: none">• Using a combination of drawing, dictating, and writing to tell a story and provide information	<ul style="list-style-type: none">• Know number names and the counting sequence• Count to tell the number objects• Compare numbers• Describe and compare measurable attributes (long, short, heavy, light, etc.)• Identify and describe shapes	<ul style="list-style-type: none">• Understand the positions and motions of objects in the environment (under, above, below, beside, etc.)• Understand change and observable patterns of weather• Compare living and non-living things	<ul style="list-style-type: none">• Understand cultural practices in local communities and around the world• Understand that people work together to create and follow rules• Analyze basic economic concepts• Apply simple geographic representations, tools, and terms to describe environment• Understand change over time



What resources are available to support learning at home?



“Young children enter kindergarten with a range of cognitive and social skills that appear to make a difference in their achievement during the kindergarten year. This seems to be of long-term importance; children who get off to a good start in kindergarten tend to maintain that advantage as they progress through school.”- Boethel, M. (2004). Readiness: School, Family, and Community. Southwest Educational Development Laboratory

There are many excellent resources to help you prepare your child for Kindergarten. Of course, reading good books and having rich conversations with your child are most important. However, there are free apps and resources that give ways to engage with your child and build specific skills. These are:

Reading Rockets www.readingrockets.org

Starfall www.starfall.com

PBS Kids <https://pbskids.org>

Brain Pop <https://www.brainpop.com>

GoNoodle <https://gonoodle.com>

StoryLine Online <https://storylineonline.net>

Storytime at Alleghany County Public Library- call 336-372-5573 for more details



Preparing for the First Day of School:

- Set the tone that learning is good, fun, and important.
- Go to bed early the night before.
- Make sure everything (clothes, shoes, supplies, etc.) is set out and ready.
- Label all personal belongings.
- Dress your child in clothes he/she can manage on their own.
- Place any money your child takes in an envelope labeled with your child's name, teacher's name and what it's for.
- Provide a special place at home for school items to be kept.
- Set aside a special time at the end of the day to talk about how it went!

How can I be involved in my child's school?

Many schools have Parent-Teacher associations which parent can join. Project Appleseed, a national campaign for school improvement, identifies the following six ways to be involved in your child's school:

- Parenting: Establish a home environment that supports learning, with healthy routines and a positive attitude about school.
- Communicating: Go to school-based events and communicate openly with the teacher.
- Volunteering
- Learning at Home: Support children's learning at home. Establish a place to do homework. Read nightly with your child.
- Decision-Making: Join school organizations and offer your input and opinions.
- Collaborate with the Community: Share resources within your community to help support the school. Organize book drives or other events to connect the school and community.

www.projectapplesed.org



Getting Ready for School

My child can:

Care for Personal Needs:

- Independently use the toilet
- Blow nose, cover sneeze
- Wash hands
- Dress self
- Communicate personal needs
- Recognize personal belongings

Social:

- Listen to an adult and follow directions
- Cooperate with other children
- Sit for short periods of time
- Follow a rule

Academic:

- Listen to a story
- Tell first and last name
- Name family members
- Answer questions asked by adult
- Retell familiar stories
- Use crayons, pencil, scissors
- Name a few letters and letter sounds
- Draw, scribble, or write name and/or letter strings



Please remember that children develop at their own pace and may be working on these skills as they enter Kindergarten!

Children's Books About Going to School

Billy and the Big New School by Catherine and Laurence Anholt

The Class by Boni Ashburn

Kindergarten Luck by Louise Borden

Monkey: Not Ready for Kindergarten by Marc Brown

Friends at School by Rochelle Bunnett

Adventure Annie Goes to Kindergarten by Toni Buzzeo

Do you want to be my Friend? by Eric Carle

Look Out Kindergarten, Here I Come! By Nancy Carlson

School Bus by Donald Crews

It's Hard to be Five by Jamie Lee Curtis

First Day Jitters by Julie Danneberg

K is Kindergarten by Erin Dealey

Pout Pout Fist Goes to School by Deborah Diesen

Planet Kindergarten by Sue Ganz-Schmitt

Back to School Tortoise by Lucy M George

Chrysanthemum by Kevin Henkes

Owen by Kevin Henkes

Sheila Rae, the Brave by Kevin Henkes

Bobbo Goes to School by Shirley Hughes

Pete the Cat Rocking in my School Shoes by Eric Litwin

First Day by Dandi Daley Mackall

Countdown to Kindergarten by Alison McGhee

The Kissing Hand by Audrey Penn

First Day, Hooray by Nancy Poydar

Ruby the Copy Cat by Peggy Rathman

Welcome to Kindergarten by Anne Rockwell

Tiptoe into Kindergarten by Jacqueline Rogers

The Twelve Days of Kindergarten by Deborah Lee Rose

Captain Freddy Counts to School by Elizabeth Shreeve

Daddy's Back to School Shopping Adventure by Alan

Sitomer

Miss Bindergarten Gets Ready for Kindergarten by

Joseph Slate

I Love School! By Philemon Sturges

My Kindergarten by Rosemary Wells